



Guidelines for IISc Community when a COVID Patient resides in the Residential Apartment complex

5 Oct 2020

What IISc will do

1. Inform the neighbours of the positive case.
2. Affix a poster on the COVID patient's apartment door with details of beginning and end of quarantine period for the entire family.
3. Arrange sanitization of common areas like stairways and other common areas frequented by the positive patient. Contact person: Veeranna (veeranna@iisc.ac.in)
4. Arrange supply of essentials commodities for the isolated family.
5. Arrange for safe disposal of Biomedical waste from the residences of COVID patients as given below.

What neighbours and community must do

1. Identify area frequented by positive Patient and inform concerned authorities.
2. Do not panic. DO NOT STIGMATIZE (Remember it can happen to anyone!)
3. Support the patient and patient's family by providing essential items like medicines, ration, vegetables, etc. until recovery or as required.
4. Keep a vigil on the person in home isolation/home care to ensure strict isolation
5. Maintain a physical distance of 2 meters/6 feet when interacting with the COVID patient or with the patient's family.
6. **Remember the fight is against the disease and not against the person**

What the COVID patient and family must do

1. Co-operate with the Institute administration and neighbours.
2. Follow the Institute protocol as instructed by the Health Center Doctors.
3. Revised guidelines for COVID patient in Home isolation is 10 days of home isolation plus 7 days of home quarantine from the date of onset of symptoms in symptomatic cases and date of testing in asymptomatic cases.
4. Follow the Home quarantine rules strictly, by the COVID patient and other members of the family. Testing is not mandatory, but all primary contacts need to be in Home Quarantine until testing is done. The household members of the COVID patient will be in Home Quarantine for the same period as the COVID patient even if they test negative for COVID.
5. Do not come out of your house. If you need help, please enlist the help of neighbours or Institute.
6. Do not meet visitors till you are released from home isolation/ home care ([GOK guidelines on home isolation](#)).
7. Sign the [self-isolation declaration](#) provided by the institute.

SOLID WASTE MANAGEMENT GUIDELINES

The guidelines for disposing solid waste generated by COVID patients, based on [BBMP guidelines](#) are given below:

The COVID-19 persons in home care and other family members shall comply with the following instructions:

- 1.The used facemasks, gloves, tissues, toiletries or swabs contaminated with blood / body fluids of COVID-19 patients, including used syringes, medicines, etc., should be treated as biomedical waste and shall be sprayed / soaked in 1% sodium hypochlorite and disposed in a separate closed bin with yellow bag. Household washing detergents may also be used for soaking the waste for an overnight duration (the detergent solution should be similar to the one used to wash the clothes). The treated material will be transferred to the yellow bags and tied securely.
- 2.Yellow bags shall be provided by the Health Centre and delivered to campus residences of COVID patients and will be collected by the campus services personnel for safe disposal.
- 3.Masks and gloves used by caregiver and other family members shall be kept in paper bag for a minimum of 72 hours prior to disposal of the same as general waste after cutting the same to prevent reuse.
- 4.Left-over food, empty juice bottles, disposable utensils, tetra packs, empty water bottles, packaging material, waste generated from kitchen, packaging material, waste papers, waste plastics, floor cleaning dust, any other items generated or used by family members and COVID- 19 person at home care should be collected separately in bags and securely tied for handing over to waste collectors. This waste shall not be mixed with the infective waste of the COVID positive person that shall go separately in a yellow bag.

Important Contact numbers:

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