



Guidelines for the Department when a COVID Patient belongs to the Department

5 Oct 2020

1. Information about the details of the COVID patient belonging to the Department is received by the Chair of the Department from Health Centre / other sources.
2. **Department Disinfection:** Action from the Chair with the help of Departmental COVID Brigade
 - a. Identify lab/work area frequented by the COVID Patient.
 - b. Contact CSS in-charge, Mr. Veeranna, for disinfection of relevant labs, corridors and washrooms.
 - c. Close identified lab/work area for 24 Hours, post disinfection.
3. **Contact Tracing:** Action from the Chair with the help of Departmental COVID Brigade
 - a. Identify primary contacts as per the definition below.
 - b. Request all primary contacts to observe home quarantine (HQ) until further instructions are received from the Health Centre.
 - c. Send the list of primary contacts to the treating Doctor of the Health Centre and the PRO's office.
 - d. All primary contacts need to be in HQ until tested. If the primary contacts get tested and found negative, they can resume normal routine (date and time of the testing to be determined by the doctors at the Health Centre).
 - e. All secondary contacts, who do not fit the definition of a primary contact, need to do self-reporting for 14 days from the date of contact with the COVID patient/primary contact.

Who is a Primary contact ?

Anyone exposed to a COVID patient, from 2 days before, to 14 days after the COVID patient's onset of illness. If COVID patients are asymptomatic, an exposure period from 2 days before the patient provided the sample for testing, to 14 days after.

Possible causes of significant exposure are given below:

- Face-to-face contact within 1 metre and for >15 mins.
- Direct physical contact.
- Providing direct care for a COVID-19 patient in the home without proper PPE.
- Anyone living in the household.
- Sharing a room, meal, or other space with a confirmed patient
- Anyone sitting within two rows of a COVID-19 patient for >15 minutes and any staff (e.g. train or airline crew) in direct contact with the case.

What is self Reporting? Self monitoring of health parameters (temperature and oxygen levels) and informing Health Center about any abnormal readings or symptoms. Finger Pulseoximeter and Thermometer required for self monitoring.