

18 Aug 2020: Sad News

Dear Member of the Campus Community,

I hope you are doing well!

We are deeply saddened to report the death of a student in IISc by suicide, today. We express our heartfelt condolences to the family and friends of the student, who was pursuing an MTech degree at the Department of Computational and Data Sciences.

The mental wellbeing of our students, faculty and staff is of serious concern to us. We urge everyone on campus to reach out to and avail themselves of the following facilities and wellness resources:

- 1) **24 x 7 emergency call service** for anyone needing to talk to a mental health professional (Phone number: **080-47113444**)
- 2) **24 x 7 online counselling and support** via YourDost platform. Further details on how to use online counselling are described here: <https://wellness.iisc.ac.in/index.php/online-counselling/>
- 3) **One-on-one counselling with counsellors and psychiatrists on campus**, available via appointment here: <https://wellness.iisc.ac.in/index.php/committee/consulting-psychologists/>
- 4) **Resources and links** to events hosted by IISc's Wellness Centre, including yoga sessions and panel discussions by psychiatrists on managing stress: <https://wellness.iisc.ac.in/index.php/resources/videos/>
- 5) IISc Wellness Centre website: <https://wellness.iisc.ac.in/>

Stay safe!

Regards

Hari

BCc: All@IISc

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K.V.S. Hari.

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Registrar

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